

LOOKING AHEAD - Special Events in August

<p>Grandparents Day Lunch Friday, September 8 from 11:00 AM to 1:00 PM</p> <p>Social Bingo Friday September 15 from 11:00 AM to 12:00 PM Enjoy a fun game before lunch in the MPR! You must sign up for lunch to participate</p> <p>Field Trip - Carmel-By-The-Sea Wednesday September 20 9:00 AM to 5:00 PM Enjoy the natural beauty, breathtaking views, world-class restaurants, and unique shops. *Registration begins Friday August 18, 2017 at 10 am</p>	<p>Birthday Lunch Thursday September 21 from 11:00 AM to 1:00 PM Sign up during lunch - celebrate with cake!</p> <p>Senior Safari at Happy Hollow Park & Zoo Thursday September 28 from 9:00 AM to 10:00 AM Free admission, parking and senior classes/activities</p> <p>Freecycle Table Thursday September 28 from 10:30 AM to 12:30 PM Give and take lightly used treasures! Donated items can be dropped off on September 28 only.</p> <p>Volunteer Meeting Friday September 29 from 11:00 AM to 11:30 AM All volunteers are encouraged to attend - Senior Lounge</p>
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WILLOW GLEN COMMUNITY CENTER



August 2017
Active Adult 50+

Join us for this month's special events

<p>Social Bingo Friday August 11 from 11:00 AM to 12:00 PM Enjoy a fun game before lunch in the MPR! You must sign up for lunch to participate</p> <p>Presentation: Santa Clara County Wednesday August 2 from 11:15 AM to 11:45 AM Learn about the latest research & helpful tips</p> <p>Presentation: Santa Clara Valley Blind Center Friday August 4 from 11:15 AM to 11:45 AM Learn about the latest research & helpful tips</p> <p>Birthday Lunch Thursday August 17 from 11:00 AM to 1:00 PM Sign up during lunch - celebrate with cake!</p> <p>Hawaiian Luau Lunch Friday August 18 from 11:00 AM to 1:00 PM Celebrate the end of the summer with a great meal- a special menu & more</p>	<p>Field Trip - Tiburon and Angel Island Tuesday August 22 from 9:00 AM to 6:00 PM Take the ferry to Angel Island, have a picnic & explore *Registration begins 1 month before each trip at 10 am</p> <p>Senior Safari at Happy Hollow Park & Zoo Thursday August 24, 2017 from 9:00 AM to 10:00 AM Free admission, parking and senior classes/activities</p> <p>Freecycle Table Thursday August 24 from 10:30 AM to 12:30 PM Give and take lightly used treasures! Donated items can be dropped off on August 24 only.</p> <p>Volunteer Meeting Friday August 25 from 11:00 AM to 11:30 AM All volunteers are encouraged to attend - Senior Lounge</p> <p>AARP Smart Driver Class Thursday August 24 from 9:00 AM to 1:30 PM</p>
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STAFF	
Bekah Hill	Supervisor
Leo Mejia	Active Adult Programs
Fabiola Saucedo	Youth Programs
Edward Sabando	Leisure Classes
Barbara Crumb	Nutrition Assistant
Pauline Khek	Facilities Coordinator
Janae Gaines, Bia Hotchkiss, Nick Hotchkiss	Front Desk Admin
Rafael Zepeda	Site Manager, Bateman
Abrahan Verdejo	Kitchen Chef, Bateman
<p>www.sanjoseca.gov/willowglenc www.sanjoseca.gov/prns www.facebook.com/willowglenc</p>	

VOLUNTEERS

The City of San Jose started a new program city wide for all volunteers. We will be tracking your volunteer hours monthly on the computer.

***IMPORTANT:** If you have computer access at home, we are asking you to please set up your own log in and password. Please see Fabiola in the office for assistance.

CITY POLICY

Discrimination Policy: It is the City of San José's policy to afford all persons equal opportunity by prohibiting discrimination or harassment on the basis of race, color, religion sex, national origin, ancestry, physical or mental disability, age, sexual orientation, gender identity, marital status, medical condition (cancer related, AIDS, HIV) or other non-merit factors. It is also the City's policy to afford people with disabilities access to City services, programs and facilities.

Americans with Disabilities Act: To request an accommodation for City-sponsored events or an alternative format for printed materials, please contact the Willow Glen Community Center at (408) 448-6400 (TTY) as soon as possible, but at least three business days before the event.

2175 Lincoln Ave. San Jose CA 95125 www.sanjoseca.gov/willowglenc
Bus #64: Lincoln & Curtner - **Bus #26:** Curtner & Radio

Phone Numbers		Center Hours	
Willow Glen Center	(408) 448-6400	Monday-Thursday	8:00 AM-7:00 PM
Willows Café - Lunch	(408) 265-0915	Friday	8:00 AM-4:00 PM
Fax	(408) 978-8291	Saturday	8:30 AM-1:30 PM

Building Community Through Fun

SENIOR SAFARI WALKABOUT AT HAPPY HOLLOW PARK & ZOO

Enjoy free admission & parking, and stay all day! Exclusively for ages 50+. Get some exercise while enjoying the beautiful sights and sounds of Happy Hollow. Participate in free classes, Animal Meet & Greets, and a guided 10,000 Step Program.
June 22, July 27, Aug. 24, Sept. 28 & Oct. 26
9:00 AM to 10 AM - call (408) 794-6400 for more info

AUGUST FIELD TRIP: TIBURON AND ANGEL ISLAND

Tuesday, August 22
9:00 AM to 6:00 PM



Spend the morning in Tiburon, and enjoy the natural beauty, breathtaking views, world-class restaurants and unique shops. Then take a ferry over to Angel Island, where you can take a guided tram tour, go for a walk and enjoy spectacular views of San Francisco, the Golden Gate Bridge, and Alcatraz, or have a drink or something to eat at the Angel Island Café. Fee includes transportation and parking. Fee does not include ferry ride (\$14), tram tour (\$14) or lunch.
\$30 for members
\$38 for non-members

SENIOR MEMBERSHIP

Our annual senior membership, open to anyone 50+ years old, costs only \$10 for the entire year. Your membership dollars provide the funding for our special events, entertainment, favors, decorations and raffle prizes throughout the year. Since our Community Center no longer has an Advisory Council, these membership funds are also used to purchase coffee, sugar, creamer, plates, napkins, cups and silverware for the MPR and the Senior Lounge. Please remember to pay 50 cents for each cup of coffee, so we can continue to provide entertainment for the monthly special events. If you have any questions, please contact the office at (408) 448-6400. Thanks very much!

SENIORNET COMPUTER & TECHNOLOGY CLASSES FOR ADULTS 50+

SeniorNet is a non-profit, 100% volunteer organization – seniors teaching seniors -- serving the San Jose senior community since 1994.

Our courses include basic computers for beginners and advanced users of PCs, iPad, iPhone, and other mobile devices. Also how to manage and protect computers and electronic devices; digital photography, DNA and genealogy; how to find information on the Internet; how to use iTunes, eBay, Pinterest, social media such as Facebook, etc.

Fall 2017 CLASSES AND WORKSHOPS start on September 18th. Registration ends Sept. 9th

Pick up a copy of the registration packet for Fall classes at the Center's Office, or go online at www.snlcsj.org/willows.

Questions? Send an email to seniornet.willows@gmail.com
or call Libby Harbour at 408-371-3999.



RESOURCES

ADULT PROTECTIVE SERVICES

Elder abuse and mistreatment can take many forms including physical abuse, violation of rights, neglect, financial or emotional abuse. Financial Abuse Specialist Team (FAST) rapid response team intervenes to preserve a client's assets and prevent loss due to fraud or undue influence.

Types of abuse: Counterfeit prescription drugs, funeral and cemetery fraud, health insurance fraud, identity theft, internet fraud, investment schemes, predatory lending, sweepstakes or lottery fraud and telemarketing fraud. Be safe and investigate! For more information call: **408-975-4900 or 1-800-414-2002**

SOURCEWISE

SourceWise, located on the Alameda, provides many resources such as Care Management, Senior Employment, Long Term Care Insurance, and much more. You can reach them at **408-350-3200** or visit them online at www.caseaccess.org.

SECOND HARVEST FOOD BANK

Refers to agencies that provide emergency food. Also provides weekly supplemental bag of groceries to seniors age 60+ and disabled persons age 55+ who meet eligibility. Please call **408-266-8866**.

UNITED WAY 2-1-1

2-1-1 provides FREE and confidential information. Call **2-1-1** for information on housing, food, health care, employment and more! They are available 24 hours a day, 7 days a week! You can call 2-1-1 from your phone or visit them online at www.211us.org.

TRANSPORTATION

VTA MOBILITY OPTIONS

VTA has several resources available for seniors who need mobility assistance. Some examples include their Paratransit program (rides to doctor appointments, grocery store, etc) and also the Mobility Management Program (bus passes for attendance to lunch programs). Stop by the front office today to receive more information.

MEETINGS

VOLUNTEER MEETING

The Willow Glen Community Center Volunteer Program holds a monthly meeting that informs our community's members about our ongoing programs and activities. We also address the needs or concerns of our members. All are welcome.

FREE SERVICES CALL 408-448-6400

BREAD DONATION

Wednesdays and Fridays at 10:00 AM. Please line up in front of the Multi-Purpose Room.

HEALTH INSURANCE COUNSELING (HICAP)

1st & 3rd Friday of each month by appointment only from 10 AM to 1 PM. Assistance in making informed insurance decisions with Medicare. Please call to schedule a one-hour appointment.

SENIOR ADULT LEGAL ASSISTANCE (SALA)

1st & 3rd Thursday of each month by appointment only from 9:30 AM to 11:30 PM. A half hour of free legal assistance for seniors who are age 60 and older and a resident of Santa Clara County.

SENIOR PEER ADVOCATES (SPA)

Willow Glen no longer has a Senior Peer Advocate volunteer. If you would like information and resources on Food & Nutrition, Housing, Transportation, Care-Giving and Family Support, and Social or Educational Activities, please contact other community centers for availability. Cypress, Gardner, Mayfair and Southside Community Centers currently have SPA volunteers available to schedule appointments.

WILLOW GLEN 2017 ACTIVE ADULT MEMBERSHIP

Our annual membership costs \$10.00 and will last from January through December of 2017. Receive an \$8.00 discount off all active adult classes and special events, as well as priority registration for programs and classes. Also, if you provide an email address, you will receive this monthly newsletter by email every month.