

## LOOKING AHEAD - Special Events in March

### AARP Foundation Tax-Aide

January through April 2018, the nation's largest volunteer-run tax assistance will be in room 3 assisting older adults 60+ with their taxes. Sign up in the front office to reserve a time slot.

### AARP Smart Driver Class

Saturday March 10 and 17 from 8:30 AM to 1:00 PM  
Contact Ron at aarpsdc@gmail.com or (408) 926-9663

### Social Bingo

Friday March 9th from 11:00AM to 12:00PM  
Enjoy a fun Bingo game before lunch in the MPR!  
You must sign up for lunch to participate

### Birthday Lunch

Thursday March 15th from 11:00 AM to 1:00 PM  
Sign up during lunch - celebrate with cake!

### St. Patrick's Day Luncheon

Friday March 16 from 11:00 AM to 1:00 PM  
Celebrate with music, games & a special meal

### Freecycle Table

Thursday March 22nd from 10:30 AM to 12:30 PM  
Give and take lightly used treasures! Donated items can be dropped off at the MPR the day-of.

### Special Day Luncheon

Monday March 26th, from 12:00 PM to 1:00 PM. Please wear purple to acknowledge Epilepsy awareness .

### César Chávez Day Holiday - Center closed

Friday March 30

### Volunteer Meeting

Friday March 23rd from 11:00 AM to 11:30 AM  
All volunteers are encouraged to attend - Room 6

## STAFF

Bekah Hill	Supervisor
Alvaro Celaya	Active Adult Programs
Fabiola Saucedo	Youth Programs
Edward Sabando	Leisure Classes
Arlene Gonzalez	Nutrition Assistant
Farishta Khan	Facilities Coordinator
Nick Hotchkiss, Margarita Villareal	Front Desk Admin
Rafael Zepeda	Site Manager, Bateman
Abrahan Verdejo	Kitchen Chef, Bateman

[www.sanjoseca.gov/willowglenc](http://www.sanjoseca.gov/willowglenc)  
[www.sanjoseca.gov/prns](http://www.sanjoseca.gov/prns)  
[www.facebook.com/willowglenc](https://www.facebook.com/willowglenc)

## VOLUNTEERS

The City of San Jose started a new program city wide for all volunteers. We will be tracking your volunteer hours monthly on the computer.

**\*IMPORTANT:** If you have computer access at home, we are asking you to please set up your own log in and password. Please see a Specialist in the office for assistance.

## CITY POLICY

**Discrimination Policy:** It is the City of San José's policy to afford all persons equal opportunity by prohibiting discrimination or harassment on the basis of race, color, religion sex, national origin, ancestry, physical or mental disability, age, sexual orientation, gender identity, marital status, medical condition (cancer related, AIDS, HIV) or other non-merit factors. It is also the City's policy to afford people with disabilities access to City services, programs and facilities.

**Americans with Disabilities Act:** To request an accommodation for City-sponsored events or an alternative format for printed materials, please contact the Willow Glen Community Center at (408) 448-6400 (TTY) as soon as possible, but at least three business days before the event.

# WILLOW GLEN COMMUNITY CENTER

## FEBRUARY 2018

### Active Adult 50+



Join us for this month's special events

**Annual Membership only \$10**

### Lunar New Year Luncheon

Friday February 16 from 11:00 AM to 1:00 PM  
Celebrate with music, raffle and a special menu.

### Valentine Ballroom Dance

Wednesday February 14 from 1:30 PM to 3:30 PM  
Live music by Dick McConville Quintet, refreshments & desserts.

### Valentine's Day Luncheon

Wednesday February 14 from 11:00 AM to 1:00 PM  
Celebrate with romantic music, games & raffle prizes

### Volunteer Meeting

Friday February 23 from 11:00AM to 11:30AM  
All volunteers are encouraged to attend - Room 6.

### Social Bingo

Friday February 9 from 11:00AM to 12:00PM  
Enjoy a fun Bingo game before lunch in the MPR!  
You must sign up for lunch to participate.

### Presidents' Day Holiday - Center closed

Monday February 19

### AARP Foundation Tax-Aide

January through April 2018, AARP Foundation Tax Aide will be in room 3 assisting older adults 60+ with their taxes. To sign up see the front desk.

### Birthday Lunch

Thursday February 15 from 11:00AM to 1:00PM  
Sign up during lunch - celebrate with cake!

### Registration for Spring Programs - Members

Wednesday February 21 starting at 10:00 AM  
2018 Senior Members can pre-register online, in our office or at any City of San Jose community center

### City-Wide Field Trip—Fairfield

Thursday, February 22, from 7:30am till 6:00pm. Enjoy the Travis Air Force Base Museum, lunch at Cenario's Pizza, and a Sef-guided tour of the Jelly Belly Factory.

### Freecycle Table

Thursday February 22 from 10:30AM– 12:30PM  
Give & take lightly used treasures! Donated items can be dropped off at the Multipurpose room.

2175 Lincoln Ave. San Jose CA 95125 [www.sanjoseca.gov/willowglenc](http://www.sanjoseca.gov/willowglenc)

**Bus #64:** Lincoln & Curtner - **Bus #26:** Curtner & Radio

### Phone Numbers

Willow Glen Center (408) 448-6400  
Willows Café - Lunch (408) 265-0915

### Center Hours

Monday-Thursday 8:00 AM-7:00 PM  
Friday 8:00 AM-4:00 PM

**Building Community Through Fun**

## BALLROOM DANCE



Come join us every Wednesday for some various dancing and fun socializing. Dress is casual and singles are welcomed. Come try out the exciting world of ballroom dancing; including the slow gliding foxtrot to sensuous rumba, to a vivacious cha cha...there is something for everyone. No partners or previous experience is required, just a desire to have some fun! Participants pay at the door. \$1 for members and \$2 for non-members of the Willow Glen Community Center. Music is provided by volunteer DJ's.

### FEBRUARY FIELD TRIP SAN JOSE CITY – WIDE (50+)

**FAIRFIELD TRAVIS AIR MUSEUM, JELLY BELLY TOUR, & BUDWEISER TOUR**  
Thursday, February 22nd, 2018  
Pick up at Willow Glen Community Center at 7:30 AM to 6:00 PM



Fairfield California midpoint between San Francisco and Sacramento. Join us on a trip to Fairfield on a Deluxe Bus. Join us as we take a tour of the Travis Air Base Museum, a self-guided tour of the Jelly Belly Factory, and save room for Anheuser-Busch Tasting and Tour. Lunch at Cenario's Pizza. Hurry & Sign Up, it will be a **DAY TO REMEMBER!!!**

Cost: \$50 for Members and \$60 for Non-Members  
Course #: 008.3.0218 REGISTER AT: [sjregistration.com](http://sjregistration.com) or at Your Community Center

## SENIOR MEMBERSHIP

Our annual senior membership, open to anyone 50+ years old, costs only \$10 for the entire year. Your membership dollars provide the funding for our special events, entertainment, favors, decorations and raffle prizes throughout the year. Since our Community Center no longer has an Advisory Council, these membership funds are also used to purchase coffee, sugar, creamer, plates, napkins, cups and silverware for the MPR and the Senior Lounge. Please remember to pay 50 cents for each cup of coffee, so we can continue to provide entertainment for the monthly special events. If you have any questions, please contact the office at (408) 448-6400. Thanks very much!

### SENIORNET COMPUTER & TECHNOLOGY Classes for Adults 50+ Register now for Winter 2018 Classes & Workshops

*Willows SeniorNet Learning Center  
At the Willow Glen Community Center*

*2175 Lincoln Ave., San Jose – Bus Routes 64 & 26*

A non-profit, all volunteer organization serving the San Jose senior community since 1994. We offer beginner and advanced courses for PC, tablet, and smart phone users at an affordable cost. *We are seniors teaching seniors!*

Go to our website [www.snicsj.org/willows](http://www.snicsj.org/willows) for more information, to register online, or sign up for our mailing list. Or pick up a registration packet at the center's office.

Questions? Email [seniornet.willows@gmail.com](mailto:seniornet.willows@gmail.com)  
Or phone Libby at 408-371-3999



Founded in 1986

## RESOURCES

### ADULT PROTECTIVE SERVICES

Elder abuse and mistreatment can take many forms including physical abuse, violation of rights, neglect, financial or emotional abuse. Financial Abuse Specialist Team (FAST) rapid response team intervenes to preserve a client's assets and prevent loss due to fraud or undue influence.

**Types of abuse:** Counterfeit prescription drugs, funeral and cemetery fraud, health insurance fraud, identity theft, internet fraud, investment schemes, predatory lending, sweepstakes or lottery fraud and telemarketing fraud. Be safe and investigate! For more information call: **408-975-4900 or 1-800-414-2002**

### SOURCEWISE

SourceWise, located on the Alameda, provides many resources such as Care Management, Senior Employment, Long Term Care Insurance, and much more. You can reach them at **408-350-3200** or visit them online at [www.caseaccess.org](http://www.caseaccess.org).

### SECOND HARVEST FOOD BANK

Refers to agencies that provide emergency food. Also provides weekly supplemental bag of groceries to seniors age 60+ and disabled persons age 55+ who meet eligibility. Please call **408-266-8866**.

### UNITED WAY 2-1-1

2-1-1 provides FREE and confidential information. Call **2-1-1** for information on housing, food, health care, employment and more! They are available 24 hours a day, 7 days a week! You can call 2-1-1 from your phone or visit them online at [www.211us.org](http://www.211us.org).

## TRANSPORTATION

### VTA MOBILITY OPTIONS

VTA has several resources available for seniors who need mobility assistance. Some examples include their Paratransit program (rides to doctor appointments, grocery store, etc) and also the Mobility Management Program (bus passes for attendance to lunch programs). Stop by the front office today and ask to talk to Arlene to receive more information.

## MEETINGS

### VOLUNTEER MEETING

The Willow Glen Community Center Volunteer Program holds a monthly meeting that informs our community's members about our ongoing programs and activities. We also address the needs or concerns of our members. All are welcome.

## FREE SERVICES CALL 408-448-6400

### BREAD DONATION

Wednesdays and Fridays at 10:00 AM. Please line up in front of the Multi-Purpose Room.

### HEALTH INSURANCE COUNSELING (HICAP)

1st & 3rd Friday of each month by appointment only from 10 AM to 1 PM. Assistance in making informed insurance decisions with Medicare. Please call to schedule a one-hour appointment.

### SENIOR ADULT LEGAL ASSISTANCE (SALA)

1st & 3rd Thursday of each month by appointment only from 9:30 AM to 11:30 PM. A half hour of free legal assistance for seniors who are age 60 and older and a resident of Santa Clara County.

### SENIOR PEER ADVOCATES (SPA)

Willow Glen no longer has a Senior Peer Advocate volunteer. If you would like information and resources on Food & Nutrition, Housing, Transportation, Care-Giving and Family Support, and Social or Educational Activities, please contact other community centers for availability. Cypress, Gardner, Mayfair and Southside Community Centers currently have SPA volunteers available to schedule appointments.

### WILLOW GLEN 2018 ACTIVE ADULT MEMBERSHIP

Our annual membership costs \$10.00 and will last from January through December of 2018. Receive an \$8.00 discount off all active adult classes and special events, as well as priority registration for programs and classes. Also, if you provide an email address, you will receive this monthly newsletter by email every month.