

LOOKING AHEAD - Special Events in April

<p>Spring Classes Begin Monday April 11 Register in the office or online: www.sjregistration.com</p> <p>AARP Foundation Tax-Aide January through April 2018, the nation's largest volunteer-run tax assistance will be in room 3 assisting older adults 60+ with their taxes. Sign up in the front office to reserve a time slot.</p> <p>April Celebration Luncheon Friday April 20 from 11:00 AM to 1:00 PM Celebrate with a special menu, gifts and prizes</p> <p>Social Bingo Friday April 13th from 11:00AM to 12:00PM Enjoy a fun Bingo game before lunch in the MPR! You must sign up for lunch to participate</p>	<p>Spring Gift Box Boutique Saturday April 28 from 10:00 AM to 3:00 PM Shop for handmade gifts created by local artisans</p> <p>Freecycle Table Thursday April 26th from 10:30 AM to 12:30 PM Give and take lightly used treasures! Donated items can be dropped off at the MPR the day-of.</p> <p>Birthday Lunch Thursday April 19th from 11:00 AM to 1:00 PM Sign up during lunch - celebrate with cake!</p> <p>Volunteer Meeting Friday April 27th from 11:00 AM to 11:30 AM All volunteers are encouraged to attend - Room 6</p>
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STAFF	
Bekah Hill	Supervisor
Alvaro Celaya	Active Adult Programs
Fabiola Saucedo	Youth Programs
Edward Sabando	Leisure Classes
Arlene Gonzalez	Nutrition Assistant
Farishta Khan	Facilities Coordinator
Nick Hotchkiss, Margarita Villareal	Front Desk Admin
Rafael Zepeda	Site Manager, Bateman
Abrahan Verdejo	Kitchen Chef, Bateman
www.sanjoseca.gov/willowglenc www.sanjoseca.gov/prns www.facebook.com/willowglenc	

VOLUNTEERS

The City of San Jose started a new program city wide for all volunteers. We will be tracking your volunteer hours monthly on the computer.

***IMPORTANT:** If you have computer access at home, we are asking you to please set up your own log in and password. Please see a Specialist in the office for assistance.

CITY POLICY

Discrimination Policy: It is the City of San José's policy to afford all persons equal opportunity by prohibiting discrimination or harassment on the basis of race, color, religion sex, national origin, ancestry, physical or mental disability, age, sexual orientation, gender identity, marital status, medical condition (cancer related, AIDS, HIV) or other non-merit factors. It is also the City's policy to afford people with disabilities access to City services, programs and facilities.

Americans with Disabilities Act: To request an accommodation for City-sponsored events or an alternative format for printed materials, please contact the Willow Glen Community Center at (408) 448-6400 (TTY) as soon as possible, but at least three business days before the event.

WILLOW GLEN COMMUNITY CENTER



MARCH 2018

Active Adult 50+



Join us for this month's special events

Annual Membership only \$10

<p>St. Patrick's Day Luncheon Friday March 16 from 11:00 AM to 1:00 PM Celebrate with Irish music & a special meal</p> <p>Social Bingo Friday March 9 from 11:00 AM to 12:00 PM Enjoy a fun game before lunch in the MPR! You must sign up for lunch to participate</p> <p>AARP Smart Driver Class Saturday March 10 and 17 from 8:30 AM to 1:00 PM in Rm 5 Contact Ron at aarpsdc@gmail.com or (408) 926-9663</p> <p>Birthday Lunch Thursday March 15 from 11:00 AM to 1:00 PM Sign up during lunch - celebrate with cake!</p> <p>Freecycle Table Thursday March 22 from 10:30 AM to 12:30 PM Give and take lightly used treasures! Donated items can be dropped off at the MPR the day-of.</p> <p>Holiday César Chávez Day - Center closed Friday March 30</p>	<p>Special Day Luncheon Monday March 26th, from 12:00 PM to 1:00 PM. Please wear purple to acknowledge Epilepsy awareness.</p> <p>Volunteer Meeting Friday March 23rd from 11:00 AM to 11:30 AM All volunteers are encouraged to attend - Room 6</p> <p>AARP Foundation Tax-Aide January through April 2018, the nation's largest volunteer-run tax assistance will be in room 3 assisting older adults 60+ with their taxes. Sign up in the front office to reserve a time slot.</p> <p>City-Wide Field Trip—Old Sacramento Thursday, March 22, from 7:30am till 6:30pm. Enjoy the California State Railroad Museum Tour, Lunch in Old Town's Firehouse Restaurant, and a Cruise on the Historic River.</p> <p>The Olympic Torch— at Willow Glen Tuesday March 6 from 11:00 AM to 12:30 PM, Willow Glen Community Center will have a presenter who has participated in the Olympics come and share one of the Olympic torches.</p>
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2175 Lincoln Ave. San Jose CA 95125 www.sanjoseca.gov/willowglenc

Bus #64: Lincoln & Curtner - **Bus #26:** Curtner & Radio

Phone Numbers

Willow Glen Center (408) 448-6400
Willows Café - Lunch (408) 265-0915

Center Hours

Monday-Thursday 8:00 AM-7:00 PM
Friday 8:00 AM-4:00 PM

Building Community Through Fun

BALLROOM DANCE



Come join us every Wednesday for some various dancing and fun socializing. Dress is casual and singles are welcomed. Come try out the exciting world of ballroom dancing; including the slow gliding foxtrot to sensuous rumba, to a vivacious cha cha...there is something for everyone. No partners or previous experience is required, just a desire to have some fun! Participants pay at the door. \$1 for members and \$2 for non-members of the Willow Glen Community Center. Music is provided by volunteer DJ's.

MARCH FIELD TRIP

SAN JOSE CITY – WIDE (50+)

OLD SACRAMENTO RAILROAD MUSEUM,
FIREHOUSE LUNCH, & RIVER CRUISE
Thursday, March 22nd, 2018

Pick up at Willow Glen Community Center at 7:30 AM
drop off at 6:30 PM



Take a day trip to our states capital. Visit Old Sacramento Railroad museum, where you will see steam locomotives from the 1860's. Have lunch at the famous Firehouse Restaurant, own by Newton Cope since 1960.

Finish your trip with a relaxing cruise of the Historic Sacramento river. Hurry & Sign Up, it will be a **DAY TO REMEMBER!!!**

Cost: \$110 for Members and \$120 for Non-Members
Course #: 008.3.0318 REGISTER AT: sjregistration.com
or at Your Community Center

SENIOR MEMBERSHIP

Our annual senior membership, open to anyone 50+ years old, costs only \$10 for the entire year. Your membership dollars provide the funding for our special events, entertainment, favors, decorations and raffle prizes throughout the year. Since our Community Center no longer has an Advisory Council, these membership funds are also used to purchase coffee, sugar, creamer, plates, napkins, cups and silverware for the MPR and the Senior Lounge. Please remember to pay 50 cents for each cup of coffee, so we can continue to provide entertainment for the monthly special events. If you have any questions, please contact the office at (408) 448-6400. Thanks very much!



COMPUTER Classes for Adults 50+

At the Willow Glen Community Center

2175 Lincoln Ave., San Jose – Bus Routes 64 & 26

A non-profit, all volunteer organization serving the San Jose senior community since 1994. We offer beginner and advanced courses for PC, tablet, and smart phone users at an affordable cost. *We are seniors teaching seniors!*

Go to our website www.snicsj.org/willows for more information, to register online, or sign up for our mailing list. Or pick up a registration packet at the center's office.

Questions? Email seniornet.willows@gmail.com
Or phone Libby at 408-371-3999

SPRING GIFT BOX BOUTIQUE ON APRIL 28

Do you love crafting & want to share your handcrafted items with others? We are currently selling tables for the Spring Boutique on April 28, 10:00 AM - 3:00 PM. All vendors need a California Resale Permit in order to sell their items. Tables are \$28 for members and \$38 for non-members. Please see Jane in the Boutique for more info between 10:00 AM and 2:00 PM Monday through Friday. Or you can call Jane at the Boutique: (408) 794-7903. Admission for shoppers is free!

RESOURCES

ADULT PROTECTIVE SERVICES

Elder abuse and mistreatment can take many forms including physical abuse, violation of rights, neglect, financial or emotional abuse. Financial Abuse Specialist Team (FAST) rapid response team intervenes to preserve a client's assets and prevent loss due to fraud or undue influence.

Types of abuse: Counterfeit prescription drugs, funeral and cemetery fraud, health insurance fraud, identity theft, internet fraud, investment schemes, predatory lending, sweepstakes or lottery fraud and telemarketing fraud. Be safe and investigate! For more information call: **408-975-4900 or 1-800-414-2002**

SOURCEWISE

SourceWise, located on the Alameda, provides many resources such as Care Management, Senior Employment, Long Term Care Insurance, and much more. You can reach them at **408-350-3200** or visit them online at www.caseaccess.org.

SECOND HARVEST FOOD BANK

Refers to agencies that provide emergency food. Also provides weekly supplemental bag of groceries to seniors age 60+ and disabled persons age 55+ who meet eligibility. Please call **408-266-8866**.

UNITED WAY 2-1-1

2-1-1 provides FREE and confidential information. Call **2-1-1** for information on housing, food, health care, employment and more! They are available 24 hours a day, 7 days a week! You can call 2-1-1 from your phone or visit them online at www.211us.org.

TRANSPORTATION

VTA MOBILITY OPTIONS

VTA has several resources available for seniors who need mobility assistance. Some examples include their Paratransit program (rides to doctor appointments, grocery store, etc) and also the Mobility Management Program (bus passes for attendance to lunch programs). Stop by the front office today and ask to talk to Arlene to receive more information.

MEETINGS

VOLUNTEER MEETING

The Willow Glen Community Center Volunteer Program holds a monthly meeting that informs our community's members about our ongoing programs and activities. We also address the needs or concerns of our members. All are welcome.

FREE SERVICES CALL 408-448-6400

BREAD DONATION

Wednesdays and Fridays at 10:00 AM. Please line up in front of the Multi-Purpose Room.

HEALTH INSURANCE COUNSELING (HICAP)

1st & 3rd Friday of each month by appointment only from 10 AM to 1 PM. Assistance in making informed insurance decisions with Medicare. Please call to schedule a one-hour appointment.

SENIOR ADULT LEGAL ASSISTANCE (SALA)

1st & 3rd Thursday of each month by appointment only from 9:30 AM to 11:30 PM. A half hour of free legal assistance for seniors who are age 60 and older and a resident of Santa Clara County.

SENIOR PEER ADVOCATES (SPA)

Willow Glen no longer has a Senior Peer Advocate volunteer. If you would like information and resources on Food & Nutrition, Housing, Transportation, Care-Giving and Family Support, and Social or Educational Activities, please contact other community centers for availability. Cypress, Gardner, Mayfair and Southside Community Centers currently have SPA volunteers available to schedule appointments.

WILLOW GLEN 2018 ACTIVE ADULT MEMBERSHIP

Our annual membership costs \$10.00 and will last from January through December of 2018. Receive an \$8.00 discount off all active adult classes and special events, as well as priority registration for programs and classes. Also, if you provide an email address, you will receive this monthly newsletter by email every month.