

WILLOW GLEN COMMUNITY CENTER



MAY 2017
Active Adult 50+

Join us for this month's special events

Cinco de Mayo Luncheon

Friday May 5 from 11:00 AM to 1:00 PM
Celebrate with a nacho bar, music and raffle prizes

Field Trip - Carmel-by-the-Sea

Wednesday May 10 from 9:00 AM to 6:00 PM
Enjoy the scenery, art galleries, restaurants & shops

Mother's Day Luncheon

Friday May 12 from 11:00 AM to 1:00 PM
Celebrate with a special menu, live music and gifts

Jump into Summer

Saturday May 13 from 10:00 AM to 2:00 PM
A free carnival with bounce houses, games, & food

Birthday Lunch

Thursday May 18 from 11:00 AM to 1:00 PM
Sign up during lunch - celebrate with cake!

Age Out Loud! Art & Talent Showcase

Friday May 19 from 10:00 AM to 2:00 PM
City Hall Rotunda - free art show, workshops, & demos

Social Bingo

Friday May 19 from 11:00 AM to 12:00 PM
Enjoy a fun game before lunch in the MPR!

2nd Annual Kiwanis Club Classic Car Show

Saturday May 20 from 9:00 AM to 2:00 PM
Free admission - live music, food, and a raffle

Senior Safari at Happy Hollow Park & Zoo

Thursday May 25 from 9:00 AM to 10:00 AM
Free admission, parking and senior classes

Freecycle Table

Thursday May 25 from 10:30 AM to 12:30 PM
Give and take lightly used treasures!

Volunteer Meeting

Friday May 26 from 11:00 AM to 11:30 AM
All volunteers are encouraged to attend - Senior Lounge

2175 Lincoln Ave. San Jose CA 95125 www.sanjoseca.gov/willowglencc

Bus #64: Lincoln & Curtner - **Bus #26:** Curtner & Radio

Phone Numbers

Willow Glen Center (408) 448-6400
Willows Café - Lunch (408) 265-0915
Fax (408) 978-8291

Center Hours

Monday-Thursday 8:00 AM-7:00 PM
Friday 8:00 AM-4:00 PM
Saturday 8:30 AM-1:30 PM

Building Community Through Fun

VOLUNTEER RECOGNITION

Thanks so much to all of our volunteers for your dedication and hard work! Our Garden Club volunteers are looking for new members to help with weeding, pruning and watering. Please contact Sharon for more info: email Sharon.Kelleher@sanjoseca.gov or call (408) 448-6400.

MAY FIELD TRIP: CARMEL-BY-THE-SEA

Wednesday, May 10
9:00 AM to 6:00 AM



Explore Carmel-by-the-Sea and enjoy some of the world's finest scenery, historic sites, art galleries, restaurants, and boutique shops. Walk through Carmel's charming European-style village and taste some of the region's premium wines, while you get to know winemakers and rub elbows with locals and visitors alike. Bring your own lunch and have a picnic at Carmel Beach, one of the most beautiful stretches of white sand in the world, or visit one of the local restaurants for lunch. Fee includes transportation and parking.

Lunch not included.

\$30 for members

\$38 for non-members

SENIOR MEMBERSHIP

Our annual senior membership, open to anyone 50+ years old, costs only \$10 for the entire year. Your membership dollars provide the funding for our special events, entertainment, favors, decorations and raffle prizes throughout the year. Since our Community Center no longer has an Advisory Council, these membership funds are also used to purchase coffee, sugar, creamer, plates, napkins, cups and silverware for the MPR and the Senior Lounge. Please remember to pay 50 cents for each cup of coffee, so we can continue to provide entertainment for the monthly special events. If you have any questions, please contact Sharon Kelleher at (408) 448-6400. Thanks very much!

AGE OUT LOUD! ART & TALENT SHOWCASE

Friday May 19 from 10 am to 2 pm

Join us in the City Hall Rotunda as we showcase the many talents of seniors in our city, including art, music, dance, theater, fitness and more! More than ever before, older Americans are working longer, trying new things, and engaging in their communities. What it means to age has changed, and Older Americans Month 2017 is a perfect opportunity to recognize and celebrate what getting older looks like today.

Enjoy free workshops, demos, a resource fair and door prizes, including free t-shirts, snacks and beverages. Experience Conductorcise with Maestro David Dworkin, a new form of exercise that is sweeping the nation! Parking validation is available for the Fourth Street Garage, 44 S. Fourth Street at San Fernando Street. Please bring your parking ticket with you when you check in. If you would like to bring artwork to display, please contact Sharon Kelleher at (408) 448-6400.



SENIORNET COMPUTER & TECHNOLOGY CLASSES FOR ADULTS 50+

SeniorNet is a non-profit, 100% volunteer organization – seniors teaching seniors -- serving the San Jose senior community since 1994.

Our courses include basic computers for beginners, how to manage and protect computers and electronic devices; digital photography, genealogy; how to find information on the Internet; how to use iPhones and iPads, Android smart phones and tablets; social media such as Facebook, etc.

CLASSES - The Spring 2017 classes are going on now. Watch out for Summer session announcements in the center office. WORKSHOPS - Registration still open up to the day of the workshop. Call Libby Harbour at 408-371-3999 to reserve your place. Or come in early on the day of the workshop and register with the instructor.

Go to our website www.snicsj.org/willows/future.html to see the Workshop list and descriptions. Questions? Send an email to seniornet.willows@gmail.com.

RESOURCES

ADULT PROTECTIVE SERVICES

Elder abuse and mistreatment can take many forms including physical abuse, violation of rights, neglect, financial or emotional abuse. Financial Abuse Specialist Team (FAST) rapid response team intervenes to preserve a client's assets and prevent loss due to fraud or undue influence.

Types of abuse: Counterfeit prescription drugs, funeral and cemetery fraud, health insurance fraud, identity theft, internet fraud, investment schemes, predatory lending, sweepstakes or lottery fraud and telemarketing fraud. Be safe and investigate! For more information call: **408-975-4900 or 1-800-414-2002**

SOURCEWISE

SourceWise, located on the Alameda, provides many resources such as Care Management, Senior Employment, Long Term Care Insurance, and much more. You can reach them at **408-350-3200** or visit them online at www.caseaccess.org.

SECOND HARVEST FOOD BANK

Refers to agencies that provide emergency food. Also provides weekly supplemental bag of groceries to seniors age 60+ and disabled persons age 55+ who meet eligibility. Please call **408-266-8866**.

UNITED WAY 2-1-1

2-1-1 provides FREE and confidential information. Call **2-1-1** for information on housing, food, health care, employment and more! They are available 24 hours a day, 7 days a week! You can call 2-1-1 from your phone or visit them online at www.211us.org.

TRANSPORTATION

VTA MOBILITY OPTIONS

VTA has several resources available for seniors who need mobility assistance. Some examples include their Paratransit program (rides to doctor appointments, grocery store, etc) and also the Mobility Management Program (bus passes for attendance to lunch programs). Stop by the front office today to receive more information.

MEETINGS

ADVISORY COUNCIL

The Willow Glen Community Center Advisory Board is looking for new members! Community members are invited to join the monthly meetings. For more information about meeting dates and times, please inquire in the front office or call 408-448-6400.

FREE SERVICES CALL 408-448-6400

BREAD DONATION

Wednesdays and Fridays at 10:00 AM. Please line up in front of the Multi-Purpose Room.

HEALTH INSURANCE COUNSELING (HICAP)

1st & 3rd Friday of each month by appointment only from 10 AM to 1 PM. Assistance in making informed insurance decisions with Medicare. Please call to schedule a one-hour appointment.

SENIOR ADULT LEGAL ASSISTANCE (SALA)

1st & 3rd Thursday of each month by appointment only from 9:30 AM to 11:30 PM. A half hour of free legal assistance for seniors who are age 60 and older and a resident of Santa Clara County.

SENIOR PEER ADVOCATES (SPA)

SPA volunteers provide information in various languages and help connect you to many community resources, services, and benefits such as: Food & Nutrition, Housing, Transportation, Care-Giving and Family Support, Legal Services, and Social or Educational Activities. Half-hour appointments are available every Tuesday from 1:00 to 4:00 PM.

WILLOW GLEN 2017 ACTIVE ADULT MEMBERSHIP

Our annual membership costs \$10.00 and will last from January through December of 2017. Receive an \$8.00 discount off all active adult classes and special events, as well as priority registration for programs and classes. Also, if you provide an email address, you will receive this monthly newsletter by email every month.

LOOKING AHEAD - Special Events in June

Ice Cream Social

Friday June 2 from 12:30 PM to 1:00 PM
Create your own ice cream sundae after lunch!

Social Bingo

Friday June 9 from 11:00 AM to 12:00 PM
Enjoy a fun game before lunch in the MPR!
You must sign up for lunch to participate

AARP Smart Driver Class

Saturday June 10 and June 17 from 9 AM to 1:30 PM
Contact Ron at aarpsdc@gmail.com or 408-926-9663

Summer Classes/Programs Begin

Monday June 12 at 8:30 AM
Register in the office or at www.sjregistration.com

Birthday Lunch

Thursday June 15 from 11:00 AM to 1:00 PM
Sign up during lunch - celebrate with cake!

Father's Day Luncheon

Friday June 16 from 11:00 AM to 1:00 PM
Celebrate with a special menu, raffle prizes and gifts

Field Trip - Tiburon and Angel Island

Tuesday June 20 from 9:00 AM to 6:00 PM
Take the ferry to Angel Island, have a picnic & explore
*Registration begins 1 month before each trip at 10 am

Senior Safari at Happy Hollow Park & Zoo

Thursday June 22 from 9:00 AM to 10:00 AM
Free admission, parking and senior classes/activities

Freecycle Table

Thursday June 22 from 10:30 AM to 12:30 PM
Give and take lightly used treasures! Donated items can be dropped off in the office.

Volunteer Meeting

Friday June 30 from 11:00 AM to 11:30 AM
All volunteers are encouraged to attend - Senior Lounge

STAFF

Bekah Hill	Supervisor
Sharon Kelleher	Active Adult Programs
Fabiola Saucedo	Youth Programs
Edward Sabando	Leisure Classes
Ramon Samarron	Nutrition Assistant
Pauline Khok	Facilities Coordinator
Janae Gaines, Bia Hotchkiss, Nick Hotchkiss	Front Desk Admin
Rafael Zepeda	Site Manager, Bateman
Abrahan Verdejo	Kitchen Chef, Bateman

www.sanjoseca.gov/willowglenc
www.sanjoseca.gov/prns
www.facebook.com/willowglenc

VOLUNTEERS

The City of San Jose started a new program city wide for all volunteers. We will be tracking your volunteer hours monthly on the computer.

***IMPORTANT:** If you have computer access at home, we are asking you to please set up your own log in and password. Please see Fabiola in the office for assistance.

CITY POLICY

Discrimination Policy: It is the City of San José's policy to afford all persons equal opportunity by prohibiting discrimination or harassment on the basis of race, color, religion sex, national origin, ancestry, physical or mental disability, age, sexual orientation, gender identity, marital status, medical condition (cancer related, AIDS, HIV) or other non-merit factors. It is also the City's policy to afford people with disabilities access to City services, programs and facilities.

Americans with Disabilities Act: To request an accommodation for City-sponsored events or an alternative format for printed materials, please contact the Willow Glen Community Center at (408) 448-6400 (TTY) as soon as possible, but at least three business days before the event.